

## 21 Days of Fasting & Prayer

January

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	Day of 1 of Fast Read: Daniel Ch. 1 & 10 What are you personally seeking from God during this fast? Pray that you hear from God clearly.	Matthew 6:5-18 11 Let your motive for prayer & fasting be pure and without pride. Fasting & prayer should not be to gain attention from others but to glorify Him.	1 Cor. 10:13; 12 Hebrews 2:18 Rely on the Holy Spirit for strength when tested.	Galatians 5:16-26- 13 There is always a struggle between the flesh & spirit. "Whatever you feed the most will control you."-Pastor B
Matthew 4:1-11 14 Use God's Word as your weapon against Satan's schemes & deceptions.	John 6:22-25 15 Just as your body needs food to live; your spirit needs God's Word, prayer & worship. Jesus is "The Bread of Life".	Psalm 116Psalm 23Meditate on God's Word and allow the Holy Spirit to refresh you today. God loves you.	Psalm 10017Congratulations!You completed 7 days of the fast. Spend time praising God today and give Him thanks for all He is doing in your life.	Matthew 6:19-34 18 Allow yourself to rest in the Lord today. He is a loving Father who knows what you need. Have faith and trust Him.	Romans 12 19 In what ways has your fast been helping you experience true worship? Pray & ask God to reveal His will for you during this time of worship.	James 1:2-18 20 Romans 5:3-4 Galatians 6:9 Today you begin the 2 <sup>nd</sup> half of the fast. Pray that God who is the source of all comfort will give you the strength to endure.
Philippians 4:11-13 21 Contentment comes as we listen to and rely on the Holy Spirit for direction. There is no safer place in the world than in the will of God for your life.	Romans 822When we sin, Satan quickly condemns us.Instead of feeling condemned & unworthy of God's love, repent & receive God's forgiveness. Jesus has already paid the price.God loves you & nothing can separate you from His love.	Psalm 27 23 During this time of seeking God, it's easy to focus on seeking things from God instead of seeking God. Let us not seek His hand but His face. Pray today that you will seek God's face and get closer to Him than you ever have before.	Isaiah 58: 1-7 24 As we begin the last half of fasting, we should examine ourselves to determine our motives. Have you been kind to others? Have you been patient? If you fast but don't show God's love to others, the Lord rejects your fast. Obedience is better than sacrifice.	Hebrews 11:1-625The act of faith is believing that God is who He says He is and that He can do what He says He can do. Faith is the currency in the kingdom that moves God.Believe- Trust- Depend	Psalm 138: 1-8 26 Read & meditate on this psalm of worship today. God is faithful and He is concerned about every detail of your life.	Psalm 37:1-9 27 Sometimes it seems as if the wicked always prospers and those that seek to please God suffer. Don't be moved by what you see. Continue to obey God. Trust Him. He will give you the desires of your heart.
Psalm 34 28 Declare today that you will praise God regardless of how you feel.	Psalm 42:1-2 29 Is your soul thirsty for a touch from God? Cry out to Him and seek Him today in prayer & worship.	John 7:37-39 30 Only the Holy Spirit can quench your soul's thirst for more and give you the refreshment you desire. Ask Him to fill you today.	31			